



19 – 26 September, 2016
Yerevan, Armenia

the SANTA BARBARA SERIES

Project Description

Santa Barbara – a daily soap opera popular in the Post Soviet territory. Famous for its length (2137 episodes broadcasted during 10 years period) and the complexity of family relationships between the main characters.

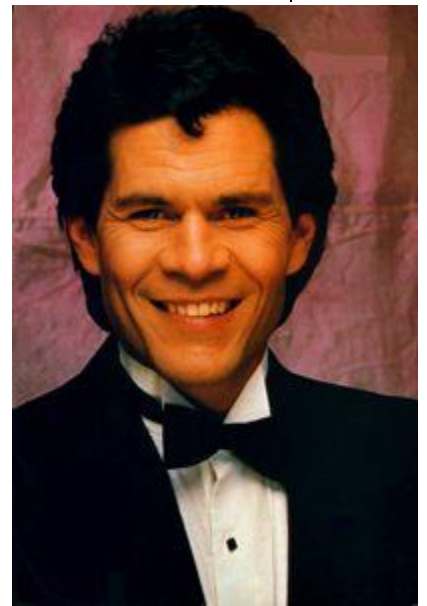
After several years of project experience and work with so-called difficult youngsters, adolescents with challenging behavior **Armenian Progressive Youth NGO** (Armenia) and **Föreningen Framtidsstället** (Sweden) have recognized that often we speak about important world issues and try to influence global problems, but do not notice, that our relationship with the world very much depends on the relationship with our nearest people. Almost every psychological counseling brings the patient to the understanding that the roots of most problems are hidden in the very childhood and in the family. Participants can be interested or not interested in political and social matters, but the question of relationship touches everybody.

The practice shows, that intimate, personal, family relationship is one of the most challenging topics to speak about (as participants are shy to overcome the barrier to start to share their life experience), but also one of the most attractive and intriguing ones (as it is the most urgent issue for individuals – everyone has his/her own life to live, consisting of relationship). Thanks to participant reflections during and after plenty of projects the trainers know, how curious are people about this topic, how meaningful get discussions, when participants are ready to open and share their experience and how effective are the sessions, if the participants make their personal conclusions and bring their decisions to life.



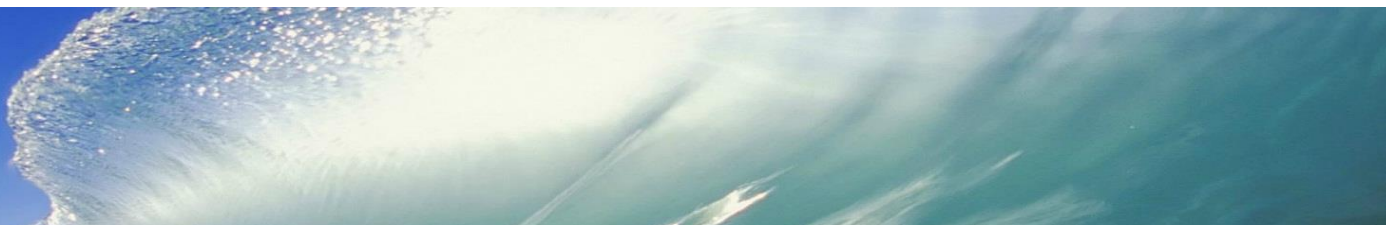
SANTA BARBARA SERIES

Santa Barbara is a **Training Course** aiming to show the importance of personal and family relationship in young people's future by self-reflection and making correlations between personal life and social and political engagement. The TC will provide a platform for the comparison of family traditions and related topics (e.g. gender, parents-children or sibling's relationship, marriage, sex etc. issues) in different countries and will definitely bring together the variety of attitudes from different European countries and will contribute to the open-mindedness of the participants. We intend to combine non-formal education methods, psychological practices and meditation techniques in project work. The TC will gather young leaders, social and youth workers, especially dealing with youngsters with fewer opportunities. The expected result of the project is that participants develop skills and ready to use techniques for youth leaders in understanding and supportive coaching of young people with fewer opportunities.



The objectives of the Training Course are the following:

- ❖ To raise the awareness on the importance of personal life and relationship in family.
- ❖ To share the moral principles and traditions from different cultures.
- ❖ To motivate participants for self-analysis.
- ❖ To improve the self-esteem of young people.
- ❖ To get awareness of the connection between personal and social life.
- ❖ To inspire young people to be the change and to make the change.



The Organizers



Armenian Progressive Youth

Armenian Progressive Youth NGO (Armenia) is based in Yerevan, Armenia. It was founded in 2009 by a group of young people in order to promote personal and professional growth of young people in Armenia and supporting the Civil Society development. Today it counts 10 employees, local and international volunteers, hundreds of members and followers, thousands of direct and indirect beneficiaries from Armenia and all over the European continent. The organization has already 6 years of experience in the fields of non-formal education, youth policies, volunteerism, human rights, gender equality, active citizenship and participation. The mission of APY is to promote active citizenship and active participation of young people in civic life, to increase the activism of young people and contribute to the development of civil society in Armenia. The organization acts as an information source for hundreds of EU projects and implements lots of local and international projects.



FRAMTIDSTÅGET

Association Framtidståget was founded in 1997 by Yousef Yebari in Stockholm, Sweden, and currently has about 150 members and several employees. Translating from Swedish, Framtidståget means the Train of Future. It is a non-profit organization, aiming to give people the second or even the third chance. Our philosophy is accepting all people without conditions and prejudices about their socio-economic, ethnic, cultural and religious background, as well as emphasizing the idea of democratic, tolerant and integrated society. Having in mind this philosophy, we have 2 branches of activities: the professional one and the ideal one. We deal with professional cognitive treatment work, providing psychological help to people with social problems – alcohol and drug addiction, violence in family, discrimination in society etc. In the framework of ideal, non-profit work we organize various social, humanitarian, integration projects, as well as provide lectures about democratic principles, recommendations on how to start own organization or association.



Profile of the participants:



- Youth workers and Youth leaders aged 18-35;
- Who work with youth with fewer opportunities;
- Fluent in English;
- Resident of one of the participating countries.
- Available for the whole duration of the Training Course

LANGUAGE: The language of the course is **English**. Participants should be able to communicate in English.





Travel Information:

It is possible to reach Yerevan through 4 airports: Yerevan International Airport (Armenia), Gyumri Airport (Armenia), Tbilisi International Airport (Georgia) and Kutaisi Airport (Georgia).

If you arrive to Yerevan International Airport: The participants landing in Yerevan will be picked up by the organizers.

If you arrive to Tbilisi International Airport: We will arrange a bus for you from the Tbilisi airport to Yerevan. The price of the bus is 15 EUR one way.

If you arrive to Kutaisi Airport: You have to take bus to Tbilisi (cost 20 GEL) and join the bus that will bring you to Yerevan.

If you arrive to Gyumri Airport: The transfer from Gyumri to Yerevan will be organized by the organizers.



Arrival and Departure Information

19th of September is an Arrival Day. Make sure you arrive to hotel between 12:00 to 18:00. We will have a welcome dinner altogether at 19:00. The official program starts on 20th of September.

26th of September is a Departure Day. The check-out should be performed after the breakfast.

NOTE! You can arrive to Yerevan or Tbilisi couple of days earlier or stay couple of days longer to see around or to travel a bit. However, this should be done at your own expenses. The Hosting organization can help you to find a hostel for extra days, but you should bear those extra costs.





Tickets & Registration



You should make a small research and purchase the cheapest tickets. The deadline to purchase the tickets is 20th of August!

NOTE! The ticket should be consulted with us before you buy it. You should consult the tickets with our logistics manager, Ms. Ani Khachatryan

anikhachatryan@apy.am

She will help you to find the best option. Only after the confirmation, the ticket can be bought.

All the participants should fill in the online Registration Form till 15th of August. This will help the trainers' team to develop the program that meets your expectations!

Here is the link to the Form:

<https://goo.gl/forms/D2ilbEgEUUSWiWBP2>



VISA information

EU citizens as well as citizens of **Belarus, Georgia, Moldova, Russian Federation and Ukraine do not need visas** to enter Armenia. The citizens of **Turkey** receive the visa on the border, either at the Yerevan airport or on the land border between Armenia and Georgia. This applies only to holders of ordinary (non-diplomatic passports). The visa cost for 21 days short term visa is 6 EUR or 3000 AMD. The visa cost will be reimbursed.



Partner Organizations and Travel Costs

Country	Organization	Number of Participants	Travel cost per person
Armenia	Armenian Progressive Youth	5	0 EUR
Belarus	Liga dobrovolnogo truda molodezhi	2	275 EUR
Bulgaria	The Starry Start of Talents Foundation	2	275 EUR
Estonia	Continuous Action	2	360 EUR
Georgia	International Centre for peace and Integration	2	180 EUR
Italy	Vicolocorto	2	360 EUR
Latvia	Open Sense	2	360 EUR
Moldova	Alianta Pan-Europeana Cahul	2	275 EUR
Portugal	Experimentáculo Associação Cultural	2	820 EUR
Romania	Asociatia Puzzle OptimEast Tg. Neamt	2	275 EUR
Russian Federation	Center for Interethnic Cooperation	2	275 EUR
Spain	Asociacion Juvenil Inter	2	820 EUR
Sweden	Föreningen Framtidståget	4	360 EUR
Turkey	Youth Art Research and Training Association	2	275 EUR
Ukraine	Society Initiatives Institute	2	275 EUR

Financial Conditions:

100% of the total travel expenses will be reimbursed. Reimbursement will be done in **EUR**, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency other than EUR, will then be converted and calculated according to the exchange rate of the month given by the European Commission.

NOTE! Please check travel budget limits above. If travel costs exceed the amount budgeted in the project. The organizers will only be able to reimburse participants the maximum travel costs indicated in the travel budget. You are therefore strongly advised to book trip travel well in advance and look for the cheapest option.

All tickets and price information will be collected in original paper format during the first days of the project. The information in the tickets should present: price, name, dates, and route. If any tickets are not yet bought for the way back, check exact price and present while information collection. You will get instructions on sending rest of the tickets by post later.

Reimbursement: All the participants will receive the travel reimbursement on spot, in cash, during the last 2 days of the Training Course.

IMPORTANT! In order to receive the travel reimbursement, every participant should attach the following documents to the reimbursement form:

- **Tickets** (there must be price and name of the person stated on it).
- **Boarding passes** (in case of loss – please get a confirmation from the airlines, that the flight was taken)
- **Invoices** – yes, even if you have a ticket, our accounting still needs an **INVOICE**.
- **Online Check-in** should be made before your leave Yerevan to make sure you give as Boarding Passes from the way back as well.

Participation fee! There is a participation fee of 30 EUR.

Participation fee will be deducted from the travel reimbursement.

Insurance

Please keep in mind that you are self-responsible for sufficient insurance (illness/personal liability/cancellation/theft etc.). Hosting organization takes no responsibility for the insurance. Make sure you have a travel insurance valid in Armenia from 19 to 26 of September.



Accommodation

The participants will be accommodated in Hotel Capital in Yerevan city centre. Here is the web-site of the hotel: <http://capitalhotel.am/>

The Capital Hotel is a friendly and comfortable hotel located in Aygedzor area of Yerevan - one of the most beautiful areas in the city centre with a beautiful sight to ravine from balconies. It is located on 10 minutes walking distance from the city centre and 5 minutes from the Metro Station and [Lover's Park](#).

Free Services:

- **Wi-Fi Internet**
- **24 hour Reception and Security**
- **Medical Service**
- **Outdoor Swimming**
- **Satellite TV**
- **Phone**
- **Air conditioning**
- **Hairdryer**
- **Single use sanitary-hygienic items**

Other Services:

- **Laundry and Dry Cleaning**
- **Lobby Bar**
- **Cars Rental**
- **Bar**
- **Souvenirs and Gift Shops**



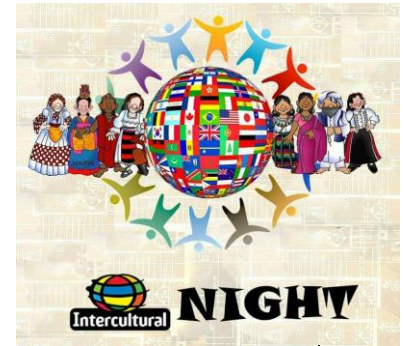
Rooms:

The accommodation will be organized in Triple Rooms, 3 participants per room.

Address of the Hotel: Aygedzor 53 B, Yerevan, Republic of Armenia

Intercultural Night

During a special evening we will share characteristics from our culture. We ask you to bring foods and drinks to share! You can also think of some other things to share with the group from your culture: stories, dances / songs etc. In case you play an instrument, it might be very nice to bring it. Just no power point presentation or country promotion videos, as it would be the best if you can share something in your own words! By the way, to present something from your culture does not mean it has to be something from your country: it can also be from a region, a city etc. To make the **Intercultural evening** more connected to the topic of the Training Course, we would like to ask you to pay special attention to the food & drinks & snacks that you are going to take with you – make sure that you have some **typical things that your family uses and also something very typical that from your city.**



Homework and Daily Program

Two weeks before the Training Course we will send you a small homework to complete in your Country group. The Daily program will be also sent together with the homework.

YOUTHPASS Certificates

All participants will receive a Youth Pass certificate in the end of the Training Course. Upon their request participants will get also Annex to Youth Pass with 8 Key Competences.

The logo for 'Youthpass' consists of the word 'Youthpass' in a white, sans-serif font, centered within a red rounded rectangular background.

Facebook Group

Please join the Facebook group of the project and let's start getting to know each other. Here is the link:

<https://web.facebook.com/groups/306216959710889/>



DEADLINES

- | | |
|----------------------------------|---|
| AUGUST 15th | – The participants are chosen by the sending organizations. |
| AUGUST 15th | – The Registration Forms are submitted by the participants. |
| AUGUST 20th | – The tickets are bought by the participants. |
| SEPTEMBER 5th | – The daily program and the homework is sent to the participants. |
| SEPTEMBER 15th | – The arrival list and the airport pick up information is sent. |

PRACTICAL INFORMATION

The venue - YEREVAN

Training Course will take place **in Yerevan – the capital of Armenia.**

Yerevan is a political, administrative, commercial & financial, as well as cultural & educational centre of Armenia. The population is about 1.2 million people. Because of the fact Yerevan is one of the oldest cities in the world; it hides many beautiful and interesting places. To speak about Yerevan sightseeing and its endless number of attractions is absolutely impossible but your visit to Yerevan



will not be complete if you miss out any of these sites – Cascade Complex, Victory Park, Matenadaran, Saryan Park, Vernissage, Erebuni Fortress and more. You can find the complete list of places to see here: <http://www.tripadvisor.com/Attractions-g293932-Activities-Yerevan.html>



Meet the Trainers

Grigor Yeritsyan

Grigor Yeritsyan is an experienced trainer, youth worker. He has MA degrees in Political Science and European Studies as well as educational background in Journalism. He works as an Educational Supervisor and Vice President of the Armenian Progressive Youth NGO where he is responsible for management of educational projects implemented by the organization, design and preparation of learning curricula of educational activities as well as supervision of project managers and project coordinators. As a trainer in the field of Education and Youth, he conducts capacity building seminars, partnership building and training activities. He deals with facilitating development, implementation, qualification and evaluation of seminars, works with participants to let out their inner full individual potential and contributes to their learning process.



Kristina Morzevska

Kristina Morzevska is an experienced trainer, youth worker. She has MA degree in Political Science and background in Journalism. She works as a Project Manager at the Association Framtidståget based in Stockholm, Sweden with a branch organization in Morocco. Kristina works professionally with youth conducting trainings, seminars, workshops on the topics of gender, intercultural dialogue, human rights education, migration and social inclusion. In Framtidståget she provides professional cognitive treatment and makes integration projects targeting youth and young people with fewer opportunities. She develops competency oriented framework for youth empowerment program of the Association, provides training for youth and contributes to the qualitative development of the organization and its projects.





Weather in Armenia

Armenia is usually referred to as a sunny country. Its climate ranges from dry subtropical to cold. The mountain peaks are covered with eternal snow, while their slopes are lined by alpine meadows. September is the ideal month for visiting Armenia with pleasant temperature and virtually no rain, except for possible thunderstorms in the mountains. More info: <http://www.bbc.com/weather/616052>

Currency in Armenia:

Armenian national currency is the Dram (AMD). There are ATM machines and banks all around the city. Payments with VISA/Master Card credit cards are possible in most of the supermarkets, cafes, shops and restaurants. For the small local shops it's always good to have some cash. The exchange offices are located in the banks and some big supermarkets. No passport is needed to exchange money.



- 1 EUR – 520 AMD
- 1 USD – 470 AMD
- 1 GBP – 624 AMD

USEFUL CONTACTS

Ani Khachatryan – Project Manager, Logistics Coordinator
Tel: (00374) 55 48 06 98
E-mail: anikhachatryan@apy.am

